Creating a classroom Friendship Kit is a great way to promote the idea of children helping each other. The Friendship Kit is an accessible container that holds all of the necessary items for providing support to a sad or lonely classmate. When children notice a classmate is feeling sad, they can be encouraged to go to the Friendship Kit for ideas to comfort their friend. Teachers may demonstrate how to use the kit at a large or small group time and keep the kit in a visible, easy to access location so children are able to comfort a friend at a moment’s notice! Provide specific examples of when children might use the kit (when a child is sad because he didn’t want his mom to leave, when a child scrapes her knee on the playground, when a child doesn’t have anyone to play with, etc.). Those with an *asterisk* next to them are available for downloading and printing from our website. Please click and follow the link.

Below are some ideas for items to include in your classroom Friendship Kit:

- A small package of tissues: *to give to a friend to wipe away tears*
- A small stuffed animal: *to give to a friend to cuddle*
- A box of Band-Aids: *to give to a friend with an owie*
- A couple of sheets of stickers: *to put on the shirt of a friend who needs some cheer*
- A pair of silly glasses with moustaches, a funny finger puppet, or other funny prop: *to give a sad friend a smile*
- A set of sticky notes and a pencil or crayons: *to write a friend in need a happy note for her cubby, table place, etc.*
- **Blank, cheerful greeting cards: to write and deliver to a friend**
- **A visual reminder for the following actions**
  - Ask a friend if he wants a hug
  - Ask a friend if he wants a high five
  - Ask a friend if she is OK
  - Ask a friend if he wants me to get a teacher for help
  - Ask a friend if she wants to play with me